

Eco-Journeys

GENERAL PROGRAMME

FAQ

Why is NSS conducting Eco-Journeys?



Nature conservation is not bounded by national borders. Many species are migratory, and ecological issues are regional.

Through partnerships with BirdLife International and local communities, NSS provides meaningful opportunities for participants to learn, connect, and contribute to conservation.



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Where will Eco-Journeys take place?



We are working to curate more Eco-Journeys with diverse destinations, conservation concepts and learning value. At this juncture, we have the following locations:

- a. **Bintan (Indonesia)**
- b. **Kuala Sepetang (West Malaysia)**



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Who will be leading the trip?



NSS Eco-Journeys are designed and led by the Directors of NSS, in partnership with the leaders of our regional partners and NGOs.

Together with experienced guides and local conservation champions, the Directors of NSS will facilitate and accompany you on all activities.



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PARTICIPANTS AND REQUIREMENTS

FAQ

Is the programme family-friendly?



Eco-Journeys are designed for personal and professional development (educators and public participants). Families with older children may consider to join.



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PARTICIPANTS AND REQUIREMENTS

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Are Eco-Journeys physically or mentally demanding?



Eco-Journeys are designed to be accessible to most participants.

a, Basic level of **fitness** is recommended (e.g. climbing a flight of stairs, walking for an hour), but no specialised training is required.



b. Basic **interest** in nature is recommended - facilitated workshops would be conducted, which would involve simple discussions and learning about nature.



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LOGISTICS

FAQ

How large are the groups?



Eco-Journeys are small-group experiences to ensure meaningful interactions and good learning experiences. Educator trips are designed for 8-12 pax, while public trips are 12-16 pax.

Do I need travel insurance?



All participants are recommended to purchase travel insurance for emergencies. For educator trips, NSS will purchase travel insurance for educator participants.



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LOGISTICS

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Will the accommodation be comfortable?



In the **cities** (of arrival and departure), we will be staying in 3-4 star hotels.

In the **nature/rural areas**, the accommodation would generally be more simple, but equipped with proper beds, hot showers and aircon. We have tested them ourselves, so they should suit Singaporeans.



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PRACTICAL INFORMATION

FAQ

What should I pack?



Detailed packing list for each trip may differ but would include the following:

- a) Lightweight, breathable clothing suitable for tropical climate
- b) Comfortable walking shoes/boots
- c) Hat, sunscreen, sunglasses, insect repellent
- d) Reusable water bottle and toiletries
- e) Optional: binoculars, camera, or field guides



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PRACTICAL INFORMATION

FAQ

How do I sign up?



Each Eco-Journey has its own sign-up link; please refer to the relevant webpage.



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SUSTAINABILITY & COMMUNITY

FAQ

How do Eco-Journeys support local communities?



Eco-Journeys are premised on partnerships between NSS and regional NGOs and communities. NSS curates and designs the programmes in close collaboration with our partners to ensure that Eco-Journeys benefit livelihoods, respect communities and support conservation efforts.

In that vein, participants are encouraged to minimise waste, respect local customs, and contribute positively during the Eco-Journey.



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