

NATURE SOCIETY SINGAPORE



**NATURE
SOCIETY**
S I N G A P O R E

Programme Catalogue 2026

FOR EXTERNAL ENGAGEMENTS

Explore nature advocacy and eco-stewardship with Nature Society Singapore (NSS). Find out how NSS's programmes align with your ESG goals and discover how your organisation can play an active role in contributing to sustainable environmental practices.

For enquiries, please contact ningxin@nss.org.sg



Photo Credits: Brice Li



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WHO IS NSS?



As the oldest nature conservation NGO in Singapore, by collaborating with the Singapore government, businesses, and local communities, we aim to drive policy changes, engage in conservation science, and promote sustainable practices that contribute to a greener, more resilient future for Singapore in line with global sustainability goals, in alignment with UN SDGs.

Nature Society Singapore (NSS) is also an Institute of Public Character (IPC), a country partner of BirdLife International, a country partner of eBird, and a member of International Union for Conservation of Nature (IUCN).

eBird Singapore



VISION

To be Singapore's leading advocate for biodiversity and habitats.

MISSION

Through engagement, education, advocacy and research, we inspire and enable people to take action towards a sustainable and biodiverse planet.



VALUES

Love for Nature
Empowerment
Act with Passion
Partnership

GOALS

1. Impactful conservation
2. Engaged participants
3. Competent volunteers
4. Effective administration
5. Synergistic partnerships



WHY DO WE DO WHAT WE DO?

Singapore, as one of the world's most densely urbanized nations, faces significant environmental challenges despite its commitment to sustainability. Rapid urban development, habitat fragmentation, pollution, and climate change are all contributing to a growing loss of biodiversity and the degradation of local ecosystems. This has resulted in three major impacts on us:

Urban Heating Effect¹

In 2023, CNA has been reported that *"The island is warming up twice as fast as the rest of the world, at 0.25 degrees Celsius per decade, according to the Met Service.... Singapore's maximum daily temperature could reach 35 to 37 degrees Celsius by the year 2100, if carbon emissions continue to rise at the same rate, the Centre for Climate Research Singapore has projected."*

Extinction

Singapore has lost at least 35 per cent of its plant species (including undiscovered species)² in the last 200 years and lost almost half of our butterfly species³.

Fragmentation → reduced ecological resilience⁴

Fragmentation reduces the total area of available habitat, directly leading to a decline in species that require large territories. The creation of habitat edges exposes species to altered environmental conditions, such as increased predation, invasive species and microclimatic changes. Isolated populations are more prone to inbreeding, leading to reduced genetic diversity and increased vulnerability to diseases and environmental changes. Fragmentation can disrupt essential processes such as pollination, seed dispersal and nutrient cycling, leading to further ecosystem degradation.



WHY DO WE DO WHAT WE DO?

As the world becomes increasingly urbanised, we explore how people can co-exist harmoniously with nature. Singapore is well-positioned to lead this exploration as we work towards becoming a “City in Nature.” Currently, Singapore tops list of 17 cities with highest greenery density and is the only Asian city in the list.⁴

1. Reconnect People with Nature through nature education & citizen science²

- Childhood exposure to nature builds lasting wildlife appreciation

2. Restore Habitats & Improve Connectivity

- Although 40%³ of land protected as green spaces, <0.2% primary forest remains²
- Active restoration is critical

3. Protect Remaining Green & Blue Spaces

- Not anti-development, but pro-future
- Preserve natural areas so future generations can decide their value

As one of the most developed nations in Asia, Singapore has an opportunity and responsibility to set an example for sustainable urban development, conservation, and environmental stewardship. **Singapore can be the role model to showcase a city in nature and a city for nature.** As we work towards this dream, we also align our work with the following UN SDGs:

SDG 11: Sustainable Cities and Communities, which aims to provide universal access to green spaces and protecting our natural heritage.

SDG 13: Climate Action, which calls for urgent action to combat climate change and its impacts, including ecosystem resilience and reducing temperature in cities.

SDG 14: Life Below Water, aimed at conserving and sustainably managing oceans, seas, and marine resources. Singapore’s coastal and marine ecosystems, including coral reefs and mangroves, are threatened by rising temperatures and pollution.

SDG 15: Life on Land, which seeks to protect, restore, and promote the sustainable use of terrestrial ecosystems. Singapore’s ongoing urban expansion and land reclamation have led to the loss of valuable natural habitats, such as forests, wetlands, and coastal ecosystems.

Programme Overview

NSS Every Singaporean a Naturalist (ESN)

Flagship citizen science and nature education programme

 3 hrs

 For discussion



Invasive Species Management (ISM)

Removal and monitoring of invasive species in our forests

 3 hrs

 Up to 20 pax



Coastal/Forest Clean-up at Pulau Ubin

Protect nature, experience hands-on cultural and environmental education

 3 hrs

 Up to 20 pax



Eco-Journeys

Bespoke overseas trips, networking, workshops, and encounters with wildlife

 3 - 7 days

 Up to 15 pax



Butterfly Watch at Butterfly Trail @ Orchard

Monitor butterflies along a city nature trail started by NSS

 3 hrs

 Up to 20 pax



Butterfly Garden Consultation

Design, plant, and maintain a vital habitat for pollinators

 For discussion



Talks

Learn more about nature, and uncover the history and importance of conservation

 1 hr

 Face-to-face or online



Walks

Encounter nature on guided walks to various habitats

 2 - 3.5 hrs

 Up to 20 pax



Workshops

Experience creativity and mindfulness through photography and forest bathing

 2.5 - 3 hrs

 Up to 15 pax



LEGEND

 Duration  Capacity  Availability  Estimate Cost  Notice Required

ABOUT

NSS Every Singaporean a Naturalist (ESN)



Customisable



For discussion



For discussion



Since 2017, NSS ESN has engaged **65 schools**, **2 organizations**, and **~ 4,000 participants**.

What will you gain?

Through the programme's Urban Biodiversity Monitoring, participants will gain hands-on experience and opportunities to reconnect with nature while making meaningful contributions to conservation, eco-stewardship, and sustainability.

NSS ESN supports the following United Nations Sustainable Development Goals (SGDs) by:

1. **Increasing awareness** of Singapore's rich biodiversity. (SDG 11)
2. **Collecting long-term data** to better understand and protect our natural environment. (SDG 13 & 15)
3. **Developing advocates** for nature conservation. (SDG 11)

NSS ESN is also aligned with corporate Environmental, Social, and Governance (ESG) goals, as it integrates human and social dimensions into environmental conservation and contributes to transforming Singapore into a biophilic society.

Your team adventure meets citizen science.

Every Singaporean a Naturalist (ESN), NSS's flagship citizen science and nature education programme, aims to nurture participants' hearts and minds for nature!



Want to learn more? Check out these links:



[NSS ESN CSR - Promo Reel](#)



[NSS ESN 4th Biodiversity Race 2025 - Highlights](#)



[Straits Times Coverage](#)

ABOUT

NSS Every Singaporean a Naturalist (ESN)



Customisable



For discussion



For discussion



NSS ESN is a customisable programme that comprises:

S/N	Component	Remarks
1	Participant Training	Includes: • 3-hour in-person session • Online resources
2	Urban Biodiversity Monitoring	Includes: • Periodic 20-minute monitoring along pre-determined 100-metre transect(s). • Uploading of monitoring data onto a customised iNaturalist project.
3	Guided Walk	Optional
4	Biodiversity Race	Optional and subject to availability.

Please note that this programme's costs can vary based on engagement hours, participant numbers, and the extent of customisation. To find out more, visit www.nss.org.sg/about-us-esn/

ABOUT

Invasive Species Management (ISM)

 3 hours

 Tue – Thu

 Up to 20 pax

For more information, please email ningxin@nss.org.sg



Join our **Invasive Species Management (ISM)** and take action against the spread of the Zanzibar Yam (*Dioscorea sansibarensis*) – a fast-growing invasive vine that smothers native vegetation and disrupts our forest ecosystems.

This hands-on activity gives participants a chance to contribute directly to biodiversity conservation while learning about the broader threats posed by invasive species. Guided by our experienced facilitators, you'll gain insights into how these species spread and the importance of early removal.



Want to learn more? Explore [**this reel**](#) to find out!

What will you gain?

This programme offers a unique team-building opportunity that aligns with environmental and sustainability goals. Your involvement supports our conservation work while nurturing a sense of stewardship and shared responsibility for protecting Singapore's rich natural heritage



Participants will also contribute to a citizen science component by helping us record visuals of the Zanzibar Yam growth which will be used as data for a long-term research project. Guided by our facilitators, they will explore how invasive species spread and why early removal is so important. The programme encourages teamwork, builds responsibility, and fosters stewardship, inspiring participants to care for Singapore's natural heritage – one vine at a time.

This programme supports the following UN SDGs by:

1. **Increasing awareness** of Singapore's rich biodiversity. (SDG 11)
2. **Collecting long-term data** to better understand and protect our natural environment. (SDG 13 & 15)
3. **Restoring forests** to improve resilience against climate change, contribute to carbon sequestration, and improve ecological stability. (SDG 13)

ABOUT Coastal Clean-up

 3 Hours

 Up to 20 pax

 Mon - Sat,
8:30am - 12:00pm

 \$4500 +



Coastal Clean-up @ Pulau Ubin

As part of the Pulau Ubin Heritage and Nature Stewardship Experience, NSS offers corporates a holistic experience that blends hands-on action with cultural and environmental education. By joining the **Coastal Clean-up at Pulau Ubin**, participants will travel by van to multiple sites, taking part in a focused 45-minute clean-up that prevents marine debris from polluting ecosystems.

What will you gain?

Beyond action, participants will gain insight into biodiversity conservation concepts and concerns, from flyways and habitats to biodiversity niches and nature's resilience, while also learning about island life past and present.



Want to learn more? Explore **this reel** and hear from a participant!

Suitable for all fitness levels, this activity enables your organisation to make tangible conservation impact while inspiring employees to champion sustainability and positions your organisation as an active steward of nature and heritage.

This programme supports the following UN SDGs by:

1. **Reducing marine litter and pollution** in order to protect coastal and marine ecosystems. (SDG 14)
2. **Enhancing natural spaces** and contributing to **sustainable, liveable communities**. (SDG 11)
3. **Strengthening ecosystem resilience** and promotes community-led climate action through cleaner, healthier habitats. (SDG 11)

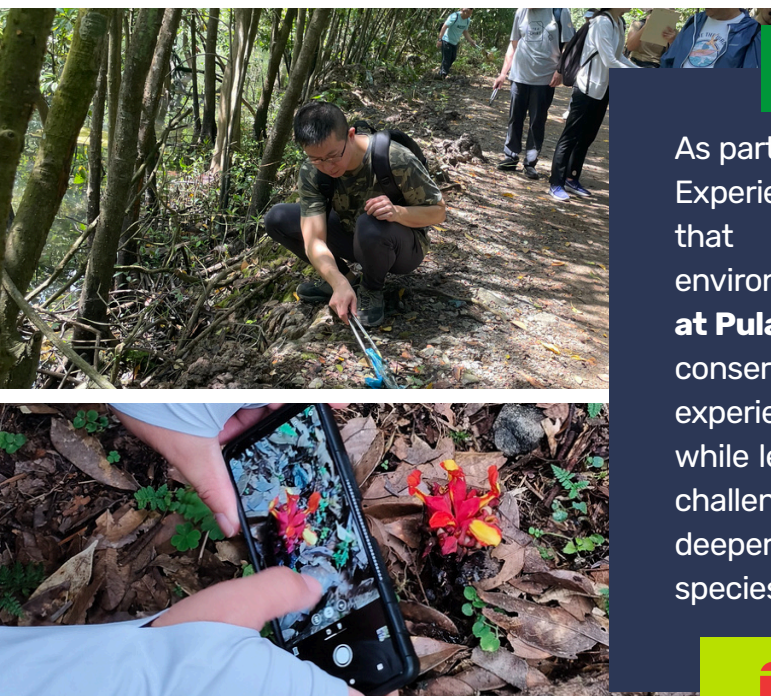
ABOUT Forest Clean-up

 3 hours

 Up to 20 pax

 Mon - Sat,
8:30am - 12:00pm

 \$4500 +



Forest Clean-up @ Pulau Ubin

As part of the Pulau Ubin Heritage and Nature Stewardship Experience, NSS offers corporates a holistic experience that blends hands-on action with cultural and environmental education. By joining the **Forest Clean-up at Pulau Ubin**, participants make tangible contributions to conservation while engaging in a meaningful outdoor experience. Teams will collect litter along a 2 km guided trail while learning about global biodiversity and environmental challenges, and their local impacts. Participants will gain a deeper understanding of critical issues such as invasive species, habitat loss, and climate change.



Want to learn more? Explore [this reel](#) and hear from a participant!

What will you gain?

This hands-on programme equips participants with practical knowledge for championing sustainability in their lives. The programme provides rich opportunities for wildlife encounters, and fosters pride in preserving Singapore's natural heritage. It will help inspire participants to champion sustainability and positions them as an active steward of nature and heritage.



Suitable for all fitness levels, this activity enables your organisation to make tangible conservation impact while inspiring employees to champion sustainability and positions your organisation as an active steward of nature and heritage.

This programme supports the following UN SDGs by:

1. **Removing waste from forests** to prevent habitat degradation and safeguarding biodiversity. (SDG 15)
2. **Enhancing natural spaces** and contributes to **sustainable, liveable communities**. (SDG 11)
3. **Strengthening ecosystem resilience** and promotes community-led climate action through cleaner, healthier habitats. (SDG 11)

ABOUT Eco-Journeys



3 days - 1 week



On request



Up to 16 pax



For discussion



What is an Eco-Journey?

The **Eco-Journey** is an overseas immersive learning experience designed for your team. It includes:

- Visits to nature conservation sites
- Interactions with local communities and champions
- Nature-based experiences with chance wildlife encounters
- Facilitated workshops



What will you gain?

By partnering with regional organisations and NGOs, our Eco-Journeys help support the livelihoods of regional communities, while also bolstering regional conservation. Your team would benefit greatly from the immersive experience and gain valuable real-world insights that could enhance your ESG initiatives and sustainability programmes.

Want to learn more? Hear from our participants:



[Bintan Eco-Journey Pt 1](#)



[Bintan Eco-Journey Pt 2](#)



[Bintan Eco-Journey Pt 3](#)

This programme supports the following UN SDGs by:

1. **Protecting biodiversity** through visits to conservation sites and wildlife encounters. (SDG 15)
2. **Supporting marine conservation** through mangrove restoration works. (SDG 14)
3. **Building capacity** in environmental sustainability nature-based solutions. (SDG 11)

ABOUT Eco-Journeys



3 days - 1 week



On request

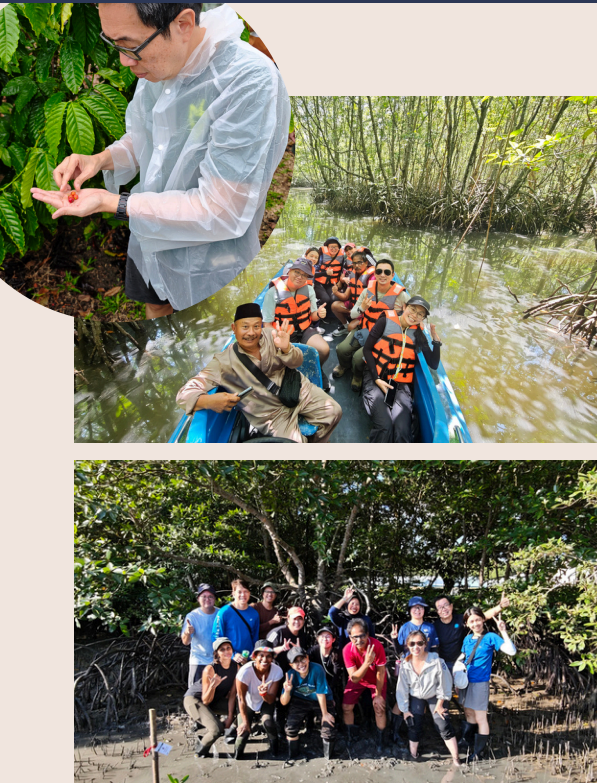


Up to 16 pax



For discussion

Eco-Journey (Bintan)



Eco-Journey (Bintan) is a 3D2N programme that allows participants to experience the following:

- 1) Mangroves and carbon credits:** Explore how the mangroves intertwine nature with culture. Experience the wilder mangrove forests, and get involved in mangrove restoration through planting activities.
- 2) Citizen advocacy in species recovery:** Discover how citizen science and advocacy help protect the endangered Bintan Langur and find out what actions can be taken to support the local community in protecting this species.
- 3) Nature-based food sustainability:** Learn how the local community use nature-based solutions that leverage ecological relationships to produce food, support biodiversity, and sustain livelihoods.

Eco-Journey (Sepetang, Malaysia)



Eco-Journey (Sepetang, Malaysia) is a 5D4N programme that allows participants to experience the following:

- 1) Mangrove and silviculture:** Explore one of the world's oldest examples of sustainable mangrove silviculture at Matang Mangrove Forest Reserve and see how forest science, ecology, and community livelihoods are integrated.
- 2) Circular economy and community empowerment:** Discover how local communities repurpose mangrove and charcoal by-products into crafts and livelihoods, while empowering women, youth-at-risk, and low-income groups.
- 3) Forest restoration and succession:** Learn how forests regenerate through tree planting and natural succession at the Forest Research Institute Malaysia (FRIM), and connect these lessons to Singapore's One Million Trees movement.

ABOUT

Butterfly Watch at Butterfly Trail @ Orchard



3 hours



Up to 20 pax



Weekdays



For discussion

From shopping strip to nature trip



Discover the vibrant butterflies of Orchard Road in this hands-on citizen science programme. Participants will document butterfly diversity along the Butterfly Trail@Orchard, collecting valuable data that contributes to research on species distribution and connectivity of green spaces from the Singapore Botanic Gardens to Fort Canning Park. Guided by our experienced facilitators, teams will sharpen observation skills, learn about butterfly ecology, and gain insights into the importance of biodiversity in a city landscape.



Want to learn about NSS' role in creating Butterfly Trail @ Orchard? Visit [this webpage](#) to find out more!

What will you gain?

This activity offers corporates a unique opportunity to engage employees in urban conservation while creating a meaningful team experience in nature through shared experience.

This programme fosters team-building, strengthens environmental awareness, and nurtures a sense of stewardship, inspiring participants to care for Singapore's natural heritage.

This programme supports the following UN SDGs by:

- 1. Raising awareness** of Singapore's urban biodiversity. (SDG 11)
- 2. Collecting long-term data** to support conservation research. (SDG 15)
- 3. Strengthening urban-nature connectivity** and resilience. (SDG 11, 13 & 15)



ABOUT

Butterfly Garden Consultation



For discussion



Throughout the year



For discussion



Photo Credits: Khoh Zhi Wei

Creating a Butterfly Garden: A Living Legacy of Sustainability

Transform your corporate space into a thriving sanctuary by establishing a butterfly garden that supports biodiversity and strengthens your organisation's sustainability journey. More than a landscaped feature, a butterfly garden provides vital habitats for pollinators, contributes to urban ecological networks, and aligns with Singapore's conservation goals.

What will you gain?

Employees can be involved in every step – designing, planting, and maintaining the garden – building teamwork, ownership, and environmental awareness while enjoying a restorative green space at work.

The garden becomes a living showcase of your organisations commitment to sustainability, enhancing ESG credentials while providing staff with a restorative green space. Our in-house experts are available for consultation to guide the creation of new butterfly gardens or enhance existing ones, ensuring that each space is ecologically rich, scientifically informed, and impactful. By investing in a butterfly garden, your company makes a tangible impact on conservation, employee well-being, and its corporate brand.

This programme supports the following UN SDGs by:

1. **Providing habitats for pollinators** and creating a net biodiversity gain. (SDG 15)
2. **Providing green spaces** to reduce heat islands and support climate resilience. (SDG 13)
3. **Enhancing sustainable urban design** while providing learning opportunities about biodiversity and conservation. (SDG 11)

ABOUT

Consultation for Butterfly Garden



For discussion



Throughout the year

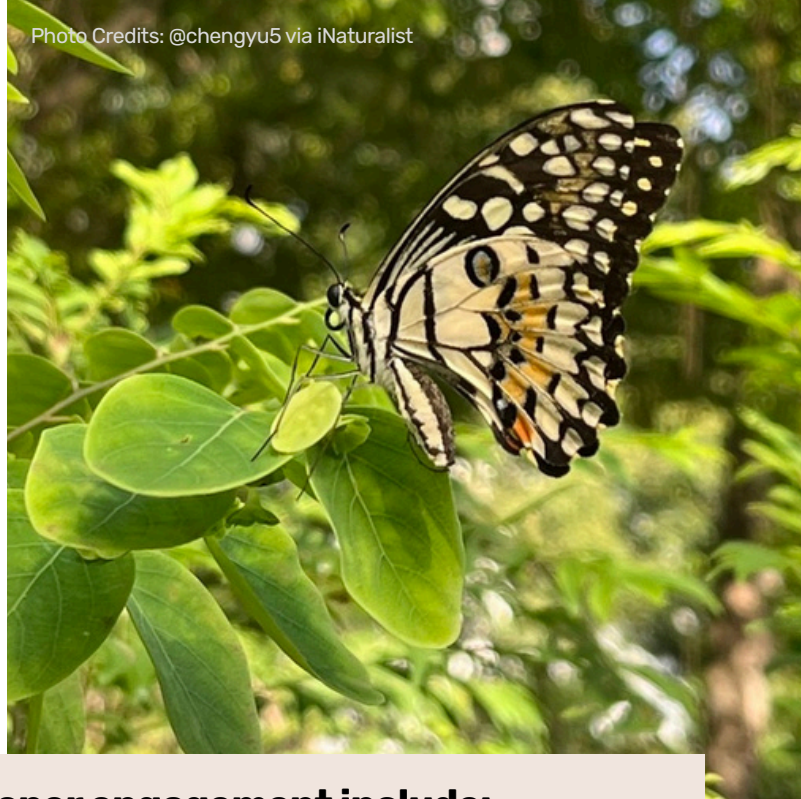


For discussion

Photo Credits: @unicorns123 via iNaturalist



Photo Credits: @chengyu5 via iNaturalist



Add-on options for deeper engagement include:

- **Butterfly Identification Training:** Equip employees with skills to recognise key species and appreciate their ecological roles.
- **Biodiversity Monitoring:** Record and upload butterfly sightings to a project page, contributing valuable data to conservation research.
- **Butterfly Guide Training:** Empower staff to become guides, sharing biodiversity knowledge with colleagues, clients, or the wider community.

*Together, these commitments expand the garden's impact from a symbolic gesture to an **active corporate contribution to biodiversity and conservation.***

ABOUT Talks



1 hour



Throughout the year



1 month notice

Face-to-face or
virtual

\$500/hour

Our engaging talks bring Singapore's biodiversity and conservation journey directly to you, connecting participants to the natural world and introducing them to the challenges faced. Covering themes from conservation history and advocacy, to the roles and importance of urban wildlife, these sessions offer diverse entry points into understanding and appreciating nature. Each talk is designed to spark curiosity, build knowledge, and inspire participants to see their role in shaping a more sustainable future.

List of NSS Talks

Biodiversity in Singapore: Understanding Our Natural Heritage and Conservation Challenges

Singapore is a vibrant city, but it is also a biodiversity hotspot, home to a surprising variety of species across forests, wetlands, mangroves, and coastal habitats. This talk provides participants with an overview of the country's biodiversity, past and present environmental changes, and the conservation challenges we face today.

Participants will gain insights into the importance of protecting remaining habitats, the role of urban planning and policy in conservation, and how collective action can make a tangible difference. The session highlights how organisations can contribute meaningfully to sustaining Singapore's natural heritage while fostering a culture of environmental responsibility among participants.



Photo Credits: Kerry Pereira

Sea Level Rise and Its Implications for Intertidal Habitats

Rising sea levels, driven by climate change, pose a long-term threat to Singapore's coastal ecosystems. Mudflats, intertidal streams and canals, mangroves, rocky shores, and coral reefs are all at risk, impacting biodiversity, migratory bird habitats, and essential ecosystem services.

This talk explores strategies to protect, restore, and adapt intertidal habitats to rising waters, focusing on Mandai Mangroves and Mudflats—critical feeding grounds for migratory and resident waders. The session also reviews NSS's vision for Long Island, incorporating naturalised intertidal features into urban planning. Participants will gain insights into actionable approaches to conservation and opportunities for corporate engagement in safeguarding these ecosystems.



Photo Credits: Tony O'Donoghue

ABOUT Talks



1 hour



Throughout the year



1 month notice



Face-to-face or
virtual



\$500/hour

List of NSS Talks

Insects and Sustainability: Tiny Allies for a Greener Future



Photo Credits: Daniel Neo

Cities thrive not only on infrastructure and innovation but also on the resilience of the natural world. Insects, often overlooked, play vital roles in pollination, nutrient cycling, and maintaining ecosystem balance even within urban environments. This talk explores how these tiny yet mighty creatures adapt and coexist alongside humans, highlighting their importance for biodiversity, climate resilience, and sustainability. Corporates will gain insights into managing common encounters with insects in urban spaces, identifying key insect groups, and adopting an ecological lens when observing them. Participants will also learn to cultivate healthy curiosity and appreciation for these remarkable allies in sustainability.

Singapore's Urban Wildlife: Coexisting in a City in Nature



Photo Credits: Justin Tan

Singapore is home to an incredible range of wildlife, from otters and Asian Koels to long-tailed macaques and bats—many of which thrive alongside us in our urban spaces. This talk introduces employees to the fascinating diversity of animals that share our city and highlights the lessons they offer for harmony, coexistence, and sustainability. Participants will gain practical insights on recognising and managing encounters with wildlife, appreciating their ecological importance, and fostering mindfulness in everyday interactions with nature. Beyond awareness, the session encourages personal enrichment and fresh perspectives, helping employees reconnect with their environment and build awareness that fosters personal balance and ecological stewardship.



1 hour



Throughout the year



1 month notice



Face-to-face or
virtual



\$500/hour

List of NSS Talks

Birds in Our Midst: What They Teach Us About Sustainability and Coexistence



Photo Credits: Khoh Zhi Wei

Birds are more than just part of our surroundings—they are vital indicators of environmental health and resilience. Yet in our fast-paced urban lives, they are often overlooked. This engaging talk invites employees to discover the diversity of birds found in Singapore's parks, gardens, and neighbourhoods, and the important roles they play in maintaining balance in our ecosystems. Participants will gain a deeper appreciation for these feathered allies and learn practical ways to support them, fostering both personal enrichment and a stronger workplace culture of sustainability and care for nature.

Citizen Science in Action: Corporate Contributions to Conservation



This talk explores how citizen science empowers individuals and corporate teams to play an active role in biodiversity conservation. Participants will learn how data collection, observation, and monitoring contribute to research and conservation outcomes. The session demonstrates how corporate groups can engage employees in meaningful, hands-on conservation activities that enhance team collaboration, awareness, and environmental stewardship. Attendees will gain practical insights into integrating these initiatives into workplace programmes, enabling staff to connect with nature, develop new skills, and experience firsthand how their participation helps protect and sustain Singapore's rich biodiversity.

ABOUT Walks



2 - 3.5 hours



Up to 20 pax



Throughout the Year
7:30 AM - 12:00 PM



\$1500 +

Reconnect with nature through our guided nature appreciation walks for corporates, designed to inspire fresh perspectives while exploring Singapore's green spaces. Led by experienced guides, participants will discover the rich biodiversity of each habitat, from mangrove wildlife to forest ecosystems, while learning about their socioecological importance, conservation challenges, and practical ways that they can contribute to environmental protection.

Beyond knowledge, these walks provide teams with a chance to slow down, strengthen bonds, and reflect on sustainability in a meaningful way. By participating, corporates contribute to greater environmental awareness within their workforce, fostering a culture of responsibility, well-being, and shared commitment to protecting Singapore's natural heritage.

List of NSS Walks



Photo Credits: Daniel Neo

Mangrove Ecology Walk at Pasir Ris Park (2 hrs)

Step outdoors on a guided walk through Pasir Ris Mangrove Park, where participants will explore Singapore's unique mangrove habitat. The walk introduces the fascinating adaptations of its flora and fauna, and the vital ecological functions, aiming to foster a deeper understanding and appreciation for our mangroves. Participants will also learn about the threats that mangrove habitats face in Singapore today, alongside practical ways they can contribute to mangrove conservation.

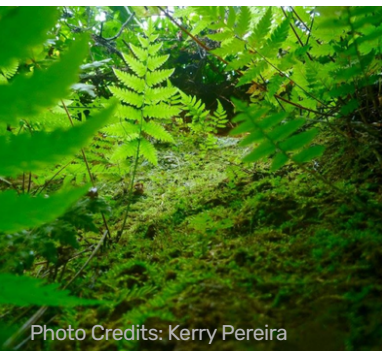


Photo Credits: Kerry Pereira

Exploring Plants and People at HortPark (2 hrs)

HortPark is a unique green space that serves as ecological connectivity in Singapore's fragmented landscape as well as a gardening resource hub for the public. On this guided walk, participants will be introduced to some of the park's themed gardens, exploring the diversity of plants, their uses, and the wildlife that they support. This experiential learning opportunity highlights the value of such urban green spaces, the relationships between people and nature, and practical ways to embrace greenery in our own lives.



Photo Credits: Tan Beng Chiak

Forest Trail at Lower Peirce Reservoir Park (2 hrs)

Join a guided walk through Lower Peirce Reservoir Park and explore the biodiversity of one of Singapore's mature secondary forests. Along the way, participants will learn about native trees and plants, their ecological importance, and the role forests play as water catchments and green lungs. There may also be opportunities to spot wildlife such as long-tailed macaques, forest birds, and insects. The trail highlights both the richness of our natural heritage and the conservation efforts needed to protect it.



List of NSS Walks



Birdwatching for Beginners at Jurong Lake Gardens / Singapore Botanic Gardens (3 hrs)

Step into nature and explore the fascinating world of birds in one of Singapore's most scenic green spaces. This three-hour guided walk introduces the basics of birdwatching, from using binoculars effectively to identifying birds by their size, shape, colour, and behaviour. Along the way, participants will gain insights into bird ecology, understand their significance in the natural environment, and discover how Singapore's position along a major global flyway makes it an essential stopover for migratory birds. Through this experience, participants will gain a deeper appreciation for biodiversity while practising good birding etiquette and quiet observation. They will also be introduced to citizen science platforms such as eBird and iNaturalist, discovering how their observations contribute to global conservation efforts. The walk offers a refreshing team activity that combines learning, wellness, and purpose.

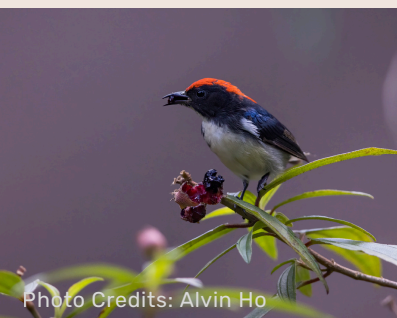


Photo Credits: Alvin Ho



Citizen Science Walk at Windsor Nature Park (3.5 hrs)

Step into the role of citizen scientists with this immersive walk at Windsor Nature Park, where your team will collect biodiversity data that informs conservation strategies in Singapore. Beyond data collection, participants will be introduced to native flora and fauna and gain insight into a variety of conservation concepts and concerns such as the ecological roles of different species, habitat loss and degradation, the importance of nature reserves and nature parks. This hands-on experience not only enhances teamwork, observation skills, and attention to details but also positions your organisation as a champion of sustainability and an active contributor to conservation science.

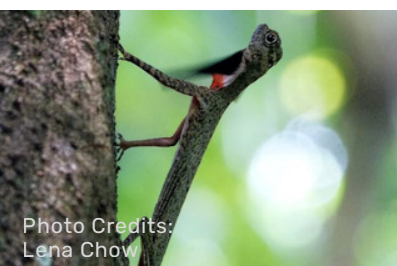


Photo Credits:
Lena Chow

List of NSS Workshops



Photo Credits: Kerry Pereira



(Theory) Corporate office
(Practical) Nearest
nature area



1 month notice

Mobile Phone Nature Macrophotography Workshop (3 hrs)

Join nature photographer Mohamed Jusri in this Mobile Phone Nature Macrophotography Workshop tailored for corporate teams. The class begins indoors with theory sessions on mobile macro features, composition, and storytelling, before moving outdoors for hands-on practice in capturing intricate natural details. Beyond photography, the workshop helps participants develop sharper creativity, focus and observational skills which inspire innovative thinking and problem-solving at work. This engaging programme blends team bonding with sustainability awareness, inspiring employees to see challenges through fresh lenses.

Please note: If there is no nature area nearby, the session will be 2-hours and conducted totally indoors.

Forest Bathing for Teams: Recharge, Reflect, Reconnect (2.5 hrs)

Give your team the chance to pause, recharge, and reconnect with nature through a guided Forest Bathing Workshop at Singapore Botanic Gardens or Fort Canning. Forest Bathing, or immersing oneself in a forest atmosphere, is a practice that cultivates presence and mindfulness. Participants will engage in relaxation and nature connection exercises, including slow walking, stillness, observation, and optional group reflections. This sensory experience reduces stress, enhances well-being, stimulates creativity, and fosters fresh perspectives. Beyond individual benefits, the workshop fosters stronger team bonds, resilience, collaboration and adaptability and encourages a workplace culture that is healthier, more balanced and innovative.



Photo Credits: Cynthia Wan



Fort Canning Park/ Singapore Botanic Gardens



6 week notice



NATURE
SOCIETY
SINGAPORE



Photo Credits: Brandon Koh



Photo Credits: Lester Tan



Photo Credits: Kerry Pereira

Nature Society Singapore

People | Planet | Partnerships

Contact us:



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